

Gage Italian Style Spaghetti Sauce Mix

Nutrition Facts

	Italian Style Spaghetti Sauce Mix, As Packaged	As Prepared with Tomato Paste	As Prepared with Tomato Puree
Serving Size	(4.5g)	2.75 oz (78g)	2.5 oz (71g)
Servings Per Container	128	128	128
Amount Per Serving			
Calories	10	40	25
Calories from Fat	0	0	0
	% Daily Value*	% Daily Value*	% Daily Value*
Total Fat	0g 0%	0g 0%	0g 0%
Saturated Fat	0g 0%	0g 0%	0g 0%
Trans Fat	0g	0g	0g
Cholesterol	0mg 0%	0mg 0%	0mg 0%
Sodium	250mg 10%	540mg 23%	300mg 13%
Total Carbohydrate	0g 0%	7g 2%	6g 2%
Dietary Fiber	0g 0%	2g 8%	1g 4%
Sugars	1g	5g	4g
Protein	0g	2g	1g

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Vitamin A	20%	30%	8%
Vitamin C	25%	40%	15%
Calcium	--%	2%	2%
Iron	6%	10%	8%